This 1.1 mile Baby Jay Route starts at the corner of Sunflower Rd. and Jayhawk Blvd. Proceed south, on Sunflower Rd. down the sizeable hill, to Sunnyside Ave. Turn right onto Sunnyside Ave. and continue west to the corner of Naismith Dr. and Sunnyside Ave. Turn around and retrace your path to complete the route. For a more advanced trek, begin as directed. This will force you to go up the hill toward the end of the route. For a less strenuous workout, begin at Naismith Dr. and Sunnyside Ave. and turn left at Sunflower Rd. to Jayhawk Blvd. Turn around and return the way you came.