The Jayhawk Route is a 1.75 mile course that goes through the main campus. Start at the corner of Naismith Dr. and Sunnyside Ave. and go north up Naismith Dr. to 15th St. Take a left at 15th and go up the fairly steep hill to Engle Rd. Take a right at Engle Rd. and continue north until you get to Crescent Rd. Take a right on Crescent Rd., and follow it east until it turns into Jayhawk Blvd. at the Chi Omega Fountain. Continue east until you get to Sunflower Rd. and take a right, which is a steep decline down to Sunnyside Ave. Take a right on Sunnyside Ave. and continue until you get to Naismith Dr., where you began. This course offers a lot of beautiful landscaping and scenery to admire along the way.